



WASHINGTON STATE CHAPTER NAPNAP NEWS

Volume 80

January 2010

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President's Message

Karen Fitzgerald, ARNP

Washington State Chapter of NAPNAP

Why be a member of NAPNAP? Why Support your National organization? What does it do for me? Last issue I gave a little history of our organization that has now been around for over 35 years. In this issue I'd like to highlight just one of many important programs that our national organization supports and promotes. This is Reach Out and Read. <http://www.reachoutandread.org/>

Did you know Reach Out and Read (ROR) celebrated its 20th anniversary in 2009? During this year, American providers will give out over 6 million new books to 3.8 million children in all 50 states, Washington D.C., Guam, Puerto Rico and the U.S. Virgin Islands. International programs have been started in Africa, Italy, Israel, the Philippines, England, and Canada.

Reach Out and Read (ROR) is an evidence-based nonprofit organization that promotes early literacy and school readiness in pediatric exam rooms nationwide by giving new books to children and advice to parents about the importance of reading aloud.

"Reading to young children has a significant impact on their later ability to learn to read and this sets the stage for success in school and life," says Dr. Jill Sells, Director of Reach Out and Read Washington State. *"Today's economic challenges further highlight the ongoing need to make sure families have books at home to share with their children. Reach Out and Read providers give new books to children across Washington, as they talk with parents about the importance of reading aloud with their infants, toddlers and preschoolers."*

*Many of you may already be familiar with and participate in ROR. Did you know: **ROR in Washington State was established in 2007 to support and expand Reach Out and Read programs? In a very short time its impact has grown to:**

- 102 medical practice locations
- 23 counties with programs
- More than 57,000 children served each year
- More than 94,000 books prescribed each year
- Growing capacity can provide over 120,000 one-on-one visits each year
- More than 450 medical providers are participating

Serving Diverse Populations in Culturally Relevant Ways

- Each clinic provides books which are developmentally, culturally and linguistically appropriate for the families it serves
- Reach Out and Read programs are in urban, rural and suburban settings; serving families from many linguistic and cultural groups, including English language learners, bilingual populations, and immigrant and refugee families

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- There are 11 tribal programs in Washington, partnering with tribes and the national American Indian/Native Alaskan Reach Out and Read coalition
- Reach Out and Read supports active duty and reserve military families at 5 military facilities: Madigan Army Hospital, McChord Air Force Base, Bremerton Navy Hospital, Bremerton Navy-Bangor, and Fairchild Air Force Base, partnering with the national military initiative
- Partnering with the national *Leyendo Juntos* initiative to enhance program quality, Reach Out and Read serves a large Spanish-speaking population across the state
- Over 70% of the families served currently in Washington are low-income

I have been the Program Coordinator for Madigan Army Medical Center Since November 2008. The positive feed back and unsolicited donations to support the program has been very heartfelt.

"We continually explore partnerships to sustain and expand Reach Out and Read programs. We welcome the opportunity to work with Nurse Practitioners who provide primary care to children, especially the children we know are unlikely to have books in their homes," says Dr. Sells. If you would like to become part of this growing and very effective program to promote literacy please check out their web site at www.reachoutandreadwa.org, or contact Dr. Sells at jill.sells@reachoutandreadwa.org.

Washington State NAP-NAP Mission:

To support, promote and foster the objectives and goals of NAPNAP in Washington State.

To support and facilitate local and state legislative programs improving the quality of infant, child and adolescent health care in Washington State.

To promote the role and visibility of PNP's in Washington State.

SEEKING EMPLOYMENT

Emily Bianconi emilyakerr@gmail.com 617-894-6953

I have experience as staff nurse on a pediatric rehabilitation/medical floor, as a triage nurse at a busy family practice community health center, and most recently as a nurse practitioner in a pediatric office. I enjoy seeing the full age range of pediatric patients. In addition to routine well checks and sick office visits, I provide travel medicine services and adolescent gynecology services and hope to continue offering these services at my next place of employment.

I'm currently a NAPNAP member and looking forward to being in an area that has a strong local chapter. I'm moving to the Seattle area in August 2010 and very much looking forward to it (my parents are in Port Townsend).

Treasurer's Report

September 21, 2009— November 30, 2009

Cash Balance on September 21, 2009:

\$15,859.70

Cash Balance on November 30, 2009

\$16,675.86

Legislative Committee

Nancy Chandler, ARNP

Tamper-Resistant Prescription Pads or Paper

The following announcement was recently distributed from Susan Teil Boyer, Executive Director – Washington State Board of Pharmacy directed to all health care practitioners who have prescriptive or dispensing authority:

A new law will go into effect July 1, 2010 that requires the use of tamper-resistant pads or paper for prescriptions.

Earlier this year, Governor Gregoire signed House Bill 2014 to help improve patient safety. This law amends the pharmacy practice act, chapter 18.64 RCW. It requires all prescriptions written in Washington to be on tamper-resistant pads or paper. This requirement will reduce forged and altered prescriptions, and deter drug abuse. Physicians and pharmacists supported the bill.

Who Must Comply? All physicians and other practitioners who have prescriptive and dispensing authority must comply with this law.

How Must They Comply?

Beginning July 1, 2010, all prescriptions must be written on tamper resistant paper approved by the Board of Pharmacy.

Pharmacists may not dispense a written prescription unless it is written on an approved prescription paper. A pharmacist may provide emergency medications in compliance with federal and state laws and rules, and any applicable health care plan restrictions and procedures.

Approved paper will have a seal of approval issued by the Washington State Board of Pharmacy. These pads or paper will have one or more indus-

try-recognized features to prevent: § Unautho-
rized copying of a completed or blank prescrip-
tion form; § The erasure or
modification of information written on the prescrip-
tion form by the practitioner; and
§ The use of counterfeit prescription forms.

Are There Exceptions?

Yes, tamper-resistant prescription pads or paper is not required when:

§ Prescriptions are transmitted to the pharmacy electronically, by telephone, or by facsimile.

Note: If a hard copy of an electronic prescription is printed and given directly to the patient or patient's designee, the manually signed hard copy prescription must be on approved tamper-resistant paper.

§ Prescriptions are written for patients in hospitals, residential nursing homes, inpatient or residents of a mental health facilities, and correctional facilities. In these cases, the order or prescription must be given directly to the pharmacy and the patient or patient's designee cannot have the opportunity to handle the written order or prescription.

The board is developing a review/approval process for vendors of tamper-resistant prescription pads or paper. In mid-December 2009, a list of vendors who supply board-approved tamper-resistant paper or pad will be available on the Board of Pharmacy's website at: <http://www.doh.wa.gov/hsga/Professions/Pharmacy/default.htm>. For questions, please contact Doreen Beebe, Board of Pharmacy Program Manager, at 360.236.4834 or by email at wsbop@doh.wa.gov.

Continuing Education Committee

ARNPs: Catherine Boellaard, Amber McAfee, Jennifer Mussman

**Pediatric Advanced Life Support
(PALS)**

PALS certification is a requirement for advanced practice nurses who perform procedures with sedation. It is also an excellent curriculum that utilizes organized assessment systems to recognize and provide early intervention for the infant and child trending toward or experiencing respiratory failure and shock and cardiac rhythm disturbances. The American Heart Association curriculum utilizes excellent audio-visuals of children in distress to illustrate each category of illness.

PALS Renewal Course

The renewal course is available to those having current AHA PALS provider status with an issue date not exceeding two years through the end of the month in which the card was issued. Current BLS for Healthcare Provider certification is highly recommended for all participants.

Location: *Seattle Children's 70th and Sand Point Way NE, Seattle WA*

Friday, 8:00 a.m. to 3:20 p.m. on the following dates:

March 26, 2010

April 30, 2010

June 25, 2010

September 10, 2010

PALS Provider Class

The two-day provider course is for those taking the American Heart Association/American Academy of Pediatrics PALS course for the first time, or for whose provider status has expired.

Location: *Seattle Children's 70th and Sand Point Way NE, Seattle WA*

8:00 a.m. to 4:00 p.m. Saturday and 8:00 a.m. to 1:30 p.m. Sunday

- March 27-28, 2010
- May 1-2, 2010
- September 11-12, 2010
- November 20-21, 2010

PALS One-Day Experienced HealthCare Provider Class

Location: *Seattle Children's 70th and Sand Point Way NE, Seattle WA*

- Saturday, June 26, 2010

For further information, call Jennifer Walker at 206-987-6772

On-line registration is available at: www.seattlechildrens.org/education and click on PALS

Upcoming Local Continuing Education Events

February 6, 2010

Practical Pediatrics: Designed to enhance your clinical practice by providing practical diagnostic and management updates on common health problem encountered in the primary care of children and families.

Location: Seattle Children's Hospital, Main Campus, Wright Auditorium**

March 6, 2010

Advances in Pediatric Emergency Medicine: Practical diagnostic and management updates, along with hand-on workshops on emergency medicine in the primary care of children and families.

Location: Seattle Children's Hospital, Main Campus, Wright Auditorium**

March 8, 2010

Washington Chapter NAPNAP Annual Pediatric Update

Location: Shoreline Conference Center, Shoreline, WA (See attached flyer for registration information)

March 9, 2010

UW CNE Annual Pediatric Drug Update

Location: Shoreline Conference Center, Shoreline, WA (See attached flyer for registration information)

May 2010

Washington Chapter NAPNAP Dinner CE Event (See attached flyer for registration information)

May 22, 2010

Pediatric Neurosurgery and Neurology for Advanced Practitioners

Topics: Brain Tumors, Ventriculoperitoneal Shunts, Autism, Seizure Assessment, Chiari 1-2-3, Neuropsych testing, Arterial-Venous Malformations (See attached flyer for registration information)

Location: Seattle Children's Hospital, Main Campus, Wright Auditorium

**Pre-registration required. Register on-line at: www.seattlechildrens.org/healthcare-professionals/education/cme/calendar/

B.C. Nurse Practitioner Conference

5th Annual BC Nurse Practitioner Conference and BCNPA Annual General Meeting
Beyond Band-aid Solutions: Promoting Health and Wellness

March 24 –26 at the Sheraton Vancouver Airport, Richmond

E-mail: info@sheratonvancouverairport.com

Reservations: 1-800-325-3535 Fax: 1-604-278-0188

Online reservation is available at: <http://www.bcnpa.org/events/2010-conference/>

Membership Committee

Gail Kieckhefer, ARNP

CONFUSED ABOUT THE NEW MEMBERSHIP STRUCTURE AND RENEWAL?

The Unification of National NAPNAP and the state chapters became official as of July 1st. When your national membership comes due, you will receive notice from the national office. The fee will include both national and state chapter dues and National will forward the state portion on to us. You will need to indicate on the renewal form which state chapter you are choosing (presumably Washington State). In the past membership rosters were maintained at both the state and national level, making it fairly easy for discrepancies between the lists to occur. This should now be corrected as only National will generate a master list. For this year only, even though you have been a long time Washington State chapter member, National may not have been aware of that. So, when you get your renewal, you may be asked which local chapter you wish to join. After this year, the lists will be one and the same, so it should no longer come up. If you have any questions, don't hesitate to ask any of the state chapter officers.

CHECKING THE STATE BOX



When you renew your national NAPNAP membership we hope you will consider checking the box indicating the Washington Chapter as your preferred regional Chapter. Doing so will not add to your cost of NAPNAP membership. It may however allow the WA Chapter to better understand and meet the needs of all our regional NAPNAP members if you join us and then send us an email telling us what the chapter can do for YOU.

We currently have 176 people to whom we mail a copy of this Newsletter because they are either current or past members of the State Chapter. As we move into the final months of our transition to the Unification Model we will be able to discern who are active members in National and the State Chapter. If you have not yet become a member of National and chosen Washington as your State Chapter we encourage you to do so by going to:

<http://www.napnap.org/index.aspx> and click on 'Becoming a Member'. We have been a strong and active chapter for ???????? years now and we hope to continue the fine tradition in the years to come as our presence in health care reform activities are more important than ever.

WEBMASTER WANTED

We are looking for a Webmaster for our State NAPNAP web site. National NAPNAP will work with the webmaster to design and construct the site (selection of template and colors and content for your website). National will provide training to the webmaster and give administrative access to the site so the Chapter/SIG can maintain the website. If you have an interest and the computer saaviness to provide this service for our NAPNAP Chapter, please contact Karen Fitzgerald. Contact information is on the last page of our newsletter.

NAPNAP 31st Annual Conference

NAPNAP 31st Annual Conference on Pediatric Healthcare: April 15-18, 2010, Hyatt Regency, Chicago

<http://www.napnap.org/Events/AnnualConference.aspx>

Allegra Klein

Liaison for WA NAPNAP and ARNPs

PRESCRIPTION PADS

Beginning July 1, 2010, Washington State Law will require all prescriptions for delivery to a pharmacy to be written on Board of Pharmacy approved tamper-resistant paper or pads with paper affixed with a seal of approval. Vendors must complete a review and approval process.

If you have questions or would like to see a list of approved vendors: WASHINGTON STATE BOARD OF PHARMACY'S WEBPAGE AT [HTTP://DEVWWW6/HSQA/PROFESSIONS/PHARMACY/DEFAULT.HTM](http://devwww6.hsqa.professions/pharmacy/default.htm)

PROPOSED DENTAL LAW

This is the information about a proposed law to allow dental hygienists to practice in medical clinics. ARNP's United is aware of this potential law, and the membership is pleased that ARNPs were included in the language. They are monitoring the progress of this proposal through the legislature.

The Purpose:

- Increase access to preventive oral health care
- Increase integrated health medical/dental
- Provide oral health risk assessment as it relates to disease and wellness

Associated risk coronary, obstetric, diabetes, osteoporosis, oral cancer and cancer related oral health complications, pediatric, orthopedic, obesity.

- Educate patients and medical providers about caries and periodontal risk assessment as it relates to overall health as well as oral health "Put Teeth into Health Care"
- Give patients more choices about oral health care
- Provide a better referral channel. Dental

- Hygienists will better access those referral sources within the community to find available dentists.
- Options include a stand alone dental hygiene practice, a contract on a consultative basis, or employee of medical practice.
- Expand on work with hospitals to include individual physician groups within or without the hospital system.
- Work with ARNPs in community settings to help with oral health screenings for both adults and children and families.

Reimbursement

- Currently several dental insurances, including Medicaid reimburse dental hygienists for their services.
- Work towards medical insurances reimbursement for services or fee for service options

Outcomes

- Improves patient health
- Improves access to preventive oral health care
- Improves referral channel
- Integrates health disciplines

Benefits for Physicians and ARNPs

- Improved dental resources for patients in need of oral health care
- Access to current preventive evidence-based oral health measures and means
- Medical providers taking the first steps to better integrate medicine/dental preventive health care
- Patients will be happy to have integrated health care and choice

Benefits to Dental Hygienists

- Better utilize the full extent of education
- Increase medical knowledge base to become a better health care provider
- Able to specialize in oral health as it relates to a specific medical specialty

Rather than judging tent, it is best to look ties. We should dis-



strengths and abilities. Whether or not capable people are fostered comes down to the resolve and effort of the people who take responsibility for their growth.

people as competent or incompetent for each person's positive qualities. We should discover and praise their inherent

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NAPNAP NEWS

WASHINGTON STATE CHAPTER
OF NAPNAP HOME PAGE
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WASHINGTON STATE CHAPTER OF NAPNAP

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If you desire to have information submitted in the newsletter, the submission deadline dates are:

December 15 for January	June 15 for July
March 15 for April	September 15 for October